

Let's see what's for lunch...

Week 1

Main Meals

- Ham & Pineapple Pizza
- Margherita Pizza V
- Jacket Potato with Baked Beans Ve

Vegetables

- Sweetcorn Ve

Dessert

- Chocolate Rice Krispie Cake V

Monday

Main Meals

- Beef Bolognaise with Spaghetti
- Vegan Bolognaise with Spaghetti Ve
- Jacket Potato with Cheese V

Vegetables

- Peas Ve

Dessert

- Carrot Cake V

Tuesday

Main Meals

- Roast Chicken with Roast Potatoes & Gravy
- Macaroni & Cheese V
- Jacket Potato with Salmon Mayonnaise

Vegetables

- Seasonal Greens Ve

Dessert

- Vanilla Ice Cream V

Wednesday

Main Meals

- Chicken Fajita Wrap
- Vegetable & Bean Burrito Ve
- Pasta with Roasted Tomato & Basil Sauce Ve

Vegetables

- Steamed Carrots Ve

Dessert

- Maryland Cookie V

Thursday

Main Meals

- Breaded Fish Fingers & Chips
- Vegetable & Bean Chimichangas & Chips V
- Pasta with Cheese Sauce V

Vegetables

- Baked Beans Ve

Dessert

- Chocolate & Courgette Sponge V

Friday

Freshly Baked Bread:

- Pesto Bread V Wholemeal Bread V

Week 1:

20th February, 15th March, 5th April, 24th April, 15th May, 5th June, 26th June, 17th July, 28th August, 18th September, 9th October

Pabulum Salad Bar
Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our new salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Made Fresh Every Day
Fresh Fruit Ve
Yoghurt V or Jelly Ve

Week 2

Main Meals

- Beef Burger in a Bun
- Vegetable Burger in a Bun Ve
- Wholewheat Pasta with Arrabiatta Sauce Ve

Vegetables

- Carrot Sticks Ve

Dessert

- Lemon Drizzle Sponge V

Monday

Main Meals

- Beef Lasagne
- Vegetable Fajita Wrap Ve
- Jacket Potato with Cheese V

Vegetables

- Sweetcorn Ve

Dessert

- Flapjack Ve

Tuesday

Main Meals

- Honey Roast Gammon with Roast Potatoes & Gravy
- Ratatouille Pasta Bake Ve
- Jacket Potato with Baked Beans Ve

Vegetables

- Pan Fried Leeks Ve

Dessert

- Orange Shortbread Biscuit Ve

Wednesday

Main Meals

- Chicken Tikka Masala & Rice
- Vegetable Pasanda with Rice Ve
- Pasta with Tomato & Vegetable Sauce Ve

Vegetables

- Broccoli Ve

Dessert

- Apple Crumble Ve with Custard V

Thursday

Main Meals

- Breaded Fish Fingers & Chips
- Spiced Squash & Spinach Samosa & Chips V
- Pasta with Cheese Sauce V

Vegetables

- Baked Beans Ve

Dessert

- Apple & Parsnip Cake V

Friday

Freshly Baked Bread:

- Tomato & Herb Bread V Wholemeal Bread V

Week 2:

27th February, 20th March, 10th April, 1st May, 22nd May, 12th June, 3rd July, 4th September, 25th September, 16th October



Week 3

V - Suitable for vegetarians
Ve - Suitable for vegans & vegetarians

Main Meals

- Cumberland Sausages with Mashed Potato & Gravy
- Vegan Sausages with Mashed Potato & Gravy Ve
- Pasta with Cheese Sauce V

Vegetables

- Peas Ve

Dessert

- Apple & Carrot Flapjack Ve

Monday

Main Meals

- Beef Chilli with Steamed Rice
- Vegetable Chilli with Steamed Rice Ve
- Jacket Potato with Cheese V

Vegetables

- Steamed Carrots Ve

Dessert

- Chocolate & Beetroot Brownie V

Tuesday

Main Meals

- Sticky Glazed Chicken & Spicy Potato Wedges
- Margherita Pizza V
- Pasta with Tomato & Basil Sauce Ve

Vegetables

- Coleslaw V

Dessert

- Cherry Cornflake Cake V

Wednesday

Main Meals

- Pork & Vegetable Chow Mein
- Vegetable Pasta Bake V
- Jacket Potato with Baked Beans Ve

Vegetables

- Pan Fried Leeks Ve

Dessert

- Vanilla Ice Cream V

Thursday

Main Meals

- Breaded Fish Fingers & Chips
- Vegetable & Bean Stuffed Pitta Pocket & Chips V
- Pasta with Tomato & Lentil Sauce Ve

Vegetables

- Baked Beans Ve

Dessert

- Chocolate Shortbread Biscuit Ve

Friday

Freshly Baked Bread:

- Garlic & Rosemary Bread V Wholemeal Bread V

Week 3:

6th March, 27th March, 17th April, 8th May, 29th May, 19th June, 10th July, 11th September, 2nd October

BM1 Bethersden
High Halden
February 2023
All products are subject to availability

