



# Bethersden Primary School

**Dedicated to Excellence**

## **FIRST AID POLICY**

**November 2019**

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# **POLICY**

## **1.0 INTRODUCTION**

1.1 The purpose of this First Aid Policy is to enable the school to effectively meet the requirements of the Health and Safety (First Aid) Regulations 1981 and in doing so to:

- Provide for the immediate needs and requirements of staff and students who have sustained either a serious or a minor injury
- Ensure that adequate resources and arrangements are in place to deal with injuries/accidents as they arise
- Ensure lines of communication with parents/guardians are in place if required
- Activate a known plan of action with which all staff are familiar

1.2 The School shall inform employees of the first-aid provisions made for staff, including the position of equipment, facilities and names of designated first aiders.

1.3 The treatment of minor illness by the administration of medicines and tablets falls outside of the definition of first aid in the Regulations and the School will not permit the presence of any such medication in designated first-aid boxes. Please refer to the Managing Medicines Policy for more information.

## **2.0 DEFINITIONS**

2.1 'First aid' means medical treatment for an injured person for the purpose of preserving and stabilising life and minimising the consequences of injury or illness until further medical treatment can be administered.

2.2 'First aider' means: a person who holds a valid First Aid at Work Certificate or equivalent qualification.

## **3.0 ROLES AND RESPONSIBILITIES**

- The overall responsibility for the day-to-day management of school rests with the Head teacher.
- The class teacher is responsible for classroom supervision and all staff on break duty are directly responsible for the supervision of pupils at break time.
- The school's Health and Safety Officers are the Headteacher and Senior Leadership Team
- The Headteacher and Office Manager are responsible for ensuring training is up to date.

## **4.0 ASSESSMENT OF FIRST-AID NEEDS**

4.1 The Head Teacher shall make an assessment of first-aid needs appropriate to the circumstances of the school. The Head Teacher will need to assess what facilities and personnel are appropriate, and to justify the level of first aid provision. Where necessary and relevant, all staff will be trained on how to administer aspects of first aid e.g. epi-pens.

4.2 Where the first-aid assessment identifies a need for employees to be trained as first aiders, the Head Teacher shall ensure they are provided in sufficient numbers at appropriate locations to enable first aid to be administered without delay should the occasion arise. All designated first aiders must re-qualify every 3 years. This means re-qualifying before the end of the third year when the certificate is no longer valid. It is the responsibility of the CPD leader to ensure they are booked onto the course before cancellation of the certificate.

4.3 All staff will ensure that they have read the school's First Aid Policy, and sign the training record to say they have done this.

## **5.0 MANAGEMENT OF FIRST-AID EQUIPMENT**

5.1 It shall be the responsibility of the Office Manager and Designated paediatric First Aider to ensure the provision of materials, equipment and facilities needed for the level of cover required.

This will include ensuring that first-aid equipment, suitably marked and easily accessible, is available in the agreed designated areas listed in item 6.2 below.

Where additional or replacement material or equipment is required, staff should speak to the Finance Manager or Office Manager about ordering more items immediately. The Designated paediatric First Aider will also ensure that all out of date items are discarded and replaced. These need to be checked on a regular basis i.e termly.

5.2 Although the Designated paediatric First Aider are responsible for maintaining and checking the first aid equipment, it is also expected that before going on duty/ on a school visit etc, first aiders shall take responsibility for ensuring their first-aid box and bumbag contents are sufficient.

## **6.0 FIXED AND PORTABLE FIRST-AID BOXES**

6.1 All School first-aid boxes and bumbags are coloured green and are identified by a white cross on a green background. This conforms to the Safety Signs and Safety Signals Regulations.

6.2 Each fixed box should be placed where it can be clearly identified and readily accessible. Portable First Aid Boxes are located:

- In the corridor by the staff toilet
- in the corridor outside the hall
- in the entrance hall of the mobile classrooms

Portable First Aid kits are taken on educational visits and are available from the First Aid cupboard in the disabled toilet.

6.3 The boxes should contain a sufficient quantity of suitable first-aid materials. According to DFE guidance, as a minimum, First Aid Boxes should contain:

micropore, scissors, triangular bandage, wound dressing, instant ice pack and gloves. No medicinal substance or materials are permitted within a first-aid box. This includes items such as antiseptic sprays, lotions, suntan oil, etc.

6.4 Individually wrapped sterile moist wipes, not impregnated with alcohol or antiseptic, may be used.

6.5 Blunt ended stainless steel scissors should be kept in the boxes in case there is the possibility that clothing may have to be cut away prior to first aid treatment.

6.6 Where tap water is not available for use as an eye wash only sterile water, sterile normal saline or sterile normal saline eye irrigation should be provided near the first aid box. Eye baths/cups/refillable containers should not be used for eye irrigation.

6.7 Where medicines have to be held by a manager for safety/security reasons, the separate lockable container must be used. This is in the school office. A register of contents must be kept up to date. Please see Managing Medicines policy for more information. (see section 1.3) Any person may dispense medicines if they have permission from their line manager to do so.

## **7.0 FIRST-AID ROOMS AND TREATMENT AREAS**

7.1 According to DFE guidance, where first-aid needs to be administered in a room, it should be administered in the school office or another room which will:

- (a) be large enough to hold necessary equipment;
- (b) have washable surfaces and adequate heating, ventilation and lighting;
- (c) be kept clean, tidy at all times;
- (d) be positioned as near as possible to a point of access for transport to hospital;
- (e) display a notice on the door advising of the names, locations and telephone numbers of first aiders
- (f) have a sink (with hot and cold water if possible);
- (g) have drinking water and disposable cups;
- (h) have soap and paper towels;
- (i) have a suitable container (preferably foot operated) lined with disposable waste bags

This means that, if needed, First Aid can also be administered in a classroom, the hall or other areas that meet the above criteria.

Most areas have a telephone or other communication equipment:

Only the disabled toilet has:

- (j) a store for first-aid materials; and
- (k) disposable gloves and aprons, provided near the first-aid box. These will be used to protect the first aider from contact with body fluids.

The Main School Reception office has:

- (l) a First-Aid Record Book for recording incidents where first aid has been given.

At all times the dignity and feelings of the patient must be respected.

## 8.0 FIRST-AID TRAINING

8.1 The CPD leader will arrange training for the qualification and re-qualification of first aiders.

8.2 Before being nominated the designated first aider by their manager, a first aider must hold a valid First Aid at Work Certificate of competence or an equivalent qualification. In the event of an unqualified person being nominated to be responsible for first-aid duties, they will be required to undergo a suitable course of training.

## 9.0 PROVISION OF FIRST AIDERS

9.1 There shall normally be a minimum of 5 first aiders or appointed persons within the school between 8:55am and 3:25pm. At least one first aider will be on duty at playtimes and there will always be a first aider in the office in lesson time.

9.2 Consideration must also be made to ensure first-aid cover during absences, such as specified leave and sickness. This is the responsibility of the Headteacher and Office Manager.

## 10.0 CATEGORIES OF INCIDENTS AND PROCEDURES

Any pupil complaining of illness or who has been injured is sent to the School Office for the qualified First Aider(s) to inspect and, where appropriate, treat.

Constant supervision will be provided. Should the child be too ill to stay at school, parents should be contacted as soon as possible so that the child can be collected and taken home.

### 10.1 Minor Accidents and Injuries:

The adult in charge initially looks after the injured party. If deemed necessary, a person other than the teacher will take the child to the 'First Aid Station', which is in the disabled toilet next to the School Office, or the bench in the playground. No medicines are administered but cuts are cleaned with sterile un-medicated wipes and bandages are applied if deemed appropriate. **The use of disposable plastic gloves is mandatory at all times.** All accidents are recorded in the Accident Report Book by the first aider, parents/carers are always spoken to at end of school day to inform them of the injury. If a body map is required parents are asked to sign this and the accident book.

### Minor Cuts and Bruises:

In all cases of injury it is understood that there is at least one adult present:

- A first aider should administer first aid if appropriate. If the first aider is not available, any member of staff may clean the wound.
- Class teacher is informed by the first aider.
- Teacher observation is maintained
- Children are advised to show/tell parents

### Bumped Heads:

If the bump is minor with no marking or raising of the skin:

- Apply an ice pack.
- Complete a red bumped head letter
- Class teacher is informed by the first aider.
- Teacher observation is maintained

- Teacher to pass bumped head letter to parent/carer.

If the bump results in a significant mark or any raising of the skin:

- Apply an ice pack.
- Observe child closely for a period.
- Ring parent/carer to inform them of the incident
- Complete a red bumped head letter
- Class teacher is informed by the first aider.
- Teacher observation is maintained
- Teacher to pass bumped head letter to parent/carer.

Sprains/Bruises:

- A first aider should administer first aid if appropriate. If the first aider is not available, any member of staff may implement the process of rest, ice, compress and elevate
- If in doubt, parent/s are contacted
- Teacher observation is maintained

## 10.2 More Serious Accidents and Injuries

If considered safe to do so, the injured party is taken to the First Aid Station.

Parents are immediately informed, particularly if there is a suspicion of broken bones/head or eye injuries. The child is kept under close observation until parents arrive, with the emphasis on making the child as comfortable and as settled as possible.

Stings/Bites

If case is serious/ parent/s are contacted - no stings should be removed. It should be noted, if possible, the source of the bite or sting.

Faints and Shocks

A first aider should administer first aid if appropriate. If the first aider is not available, any member of staff may implement the process of:

- Lie the casualty down
- Raise the legs above the level of the heart
- Loosen any tight clothing
- Ensure there is fresh air
- Keep crowds away
- Reassure casualty when they recover
- Contact parents - the pupil should go home

## 10.3 Very Serious Injuries

In the event of a very serious injury, parents/guardians are immediately contacted. If the considered opinion of the staff is that immediate professional help is required, an ambulance is called. On rare occasions the staff may agree that taking the child to Accident & Emergency in a private car is a more prudent option particularly in the case of rapid blood loss. This should be on a voluntary basis. In such cases staff should ensure they have specific cover from their insurance company.

Parents are kept informed of developing situations. Very serious injuries are considered to be:

Severe Bleeding

Burns/Scalds

Unconsciousness

The event is subsequently recorded in the Accident Report Book

The First Aid Policy is based on collective teacher input. All staff automatically assist the teacher on break duty and the first-aider in the case of a serious injury.

## **11.0 FIRST-AID RECORD KEEPING**

11.1 It shall be the responsibility of the Office Manager, or other nominated officer, to ensure that procedures are in place for the immediate recording of any injury as required by the Social Security Act 1975 and the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 1995. Details on the forms to be completed, time scales for completion and distribution and who is to be notified, are shown on the health & safety policy.

11.2 After administering treatment, first aiders will ensure they adhere to the School arrangements for record keeping and accident reporting, as detailed below. Each first aider must receive appropriate instruction to enable them to carry out this responsibility during first-aid training.

11.3 All incidents, injuries, head injuries, ailments and treatment are reported in the accident book, kept in the office.

The information recorded will include

- i) date, time and place of incident;
  - ii) name and, where relevant, job title of the injured or ill person;
  - iii) details of the injury/illness and what first aid was given;
  - iv) what happened to the person immediately afterwards e.g. went home, went back to lessons, went to hospital, etc.
  - v) name and signature of the first aider or person dealing with the incident.
- If the child is to go home due to the injury, the first aider should complete:
- vi) body map showing the injury to be signed by the parent/carer upon collection.

11.4 Office team or first aid giver, contact parents by phone if they have concerns about the injury.

11.5 Staff should complete the accident book if they sustain an injury at work.

An injured member of staff or other supervising adult should not continue to work if there is any possibility that further medical treatment is needed. The member of staff or other supervising adult concerned should seek medical advice without delay.

## **12.0 DUTY TO INFORM STAFF OF FIRST-AID ARRANGEMENTS**

12.1 All staff must be informed of the location of first aiders, appointed persons, equipment and facilities.

12.2 The Head must ensure that a notice giving the names of first aiders, their location and telephone number and the location of first-aid boxes, is posted in each of the following locations:

- ✓ Staffroom

- ✓ School Office
- ✓ EYFS
- ✓ KS2 library area
- ✓ Main hall
- ✓ Mobile Classrooms
- ✓ Main building corridor
- ✓ Outside Otters Class
- ✓ Upstairs landing

Notices will be inspected and kept up-to-date by the office manager and Head as part of the regular health and safety inspections.

## **APPENDIX 1**

Our First Aiders are:

12-hour Paediatric First Aid	Wendy Grace	June 2019	June 2022
	Holly Young	November 2016	November 2019
	Charlotte Taylor	January 2019	January 2022
	Rhiannon Mexter	June 2019	June 2022
6-hour First Aid	Anne Brignall	June 2019	June 2022
	Kim Finn	June 2019	June 2022

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